Injury Details

Student	Abbott, Abdullahi G	Date of Inj.	04/04/01
ID#	62239	Injured Area	left ankle
Name of SAT		Injury Type	sprain

Activity:

Activity Type	Activity Level	Activity	Gender	Season
Athletic	Junior Varsity	Track	Boys	2001 Spring

History:

	Explain
☐ Previous injury?	
☐ Did student hear sound?	
What was the mechanism?	tripped during race
When did injury occur?	
☐ Has student seen a doctor?	
☐ Chronic problem (how long)?	

Observations:

	How Much/Explain		How Much/Explain		How Much/Explain
☑ Swelling		☐ Vomitting		☐ Speech-type	
☐ Gaps		☐ Ecchymosis		☐ Redness	
☐ Eye color		☐ Guarding		☐ Dizzyness	
☐ Breathing		☐ Skin color		☑ Gait pattern	severe limp
☐ Deformity		☐ Bal./coord.		☐ Nausea	
☐ Headache		☐ False mvmnt		☐ Other	

Palpation (bilaterally) / Other symptoms:

Where is it point tenderness? ankle area, mostly on right side

☐ Laxity	☐ Crepitus	☐ Deformity
☑ Pain	☐ Skin Temp.	☐ Gapping
☐ Popping/Clicking	☐ Swelling	☐ Other 1
☐ Heat	☐ Cap. Refill	☐ Other 2

Special Tests:

Stress tests	
ROM tests	
MM tests	
Laxity (degree)	
Gapping/Weakness	
Other tests	

Vital Signs:

BP		Color/Mvmnt.		Mvmnt.		Eye	
Pulse		Skin Color		Pupils			
Sensory		Resp.		Temp			

Other:

Contact (who)?		Med. Referral	None
Evaluation	minor strain of	Treatment	wrap, icepack
Prognosis	OK if avoid painful activities for 2 days.	Outcome	OK on checkup 4 days later